

#### SHAG ISLET CRUISING YACHT CLUB

# Newsletter 61 – 3,852 "Vice Commodores"

Membership from 15 nations

Find us on: facebook Email: info@sicyc.com.au Website: www.sicyc.org Blog site: www.sicyc.blogspot.com

#### Note:

Those of you who are on Face Book .. check out the Shag Islet Cruising Yacht Club Face Book Site, you are able to receive daily updates on the happenings of SICYC... Become a friend ...

#### A Thought



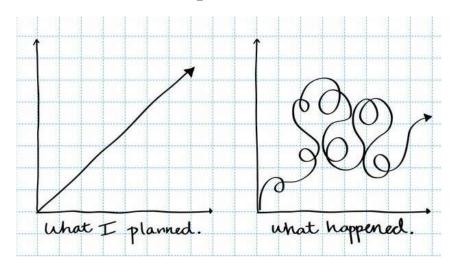
#### Buy your copy of Cruising Helmsman ...

Check out the current issue (July 2015) of Cruising Helmsman ... A full page story on SICYC and the Rendezvous ... Including recognition of all of our sponsors fantastic sponsors, their recognition is well deserved ..

Thanks also to cruising Helmsman for their continued sponsorship of the Rendezvous...

The planning is over !!! For Rendezvous 2015 ... No Sweat !!!

#### It all went ao plan .. well sort of !!!



#### SICYC "Vice Commodore" Rendezvous 2015 "FunTee Shirts"



Pink for Girls and Navy for Boys .. Tee are great quality and are \$25 each

**Proceeds to Prostate Cancer Awareness and Research..** 

Available at each Sunday Sundowners Sorrentos Abell Point Marina (from 5.30pm) at The SICYC Family and Friends BBQ North Village Abell Point Marina on 9 August (12 noon), and available from the SICYC Memoribillia Stand at Montes Reef Resort during the Rendezvous...

#### **Rendezvous 2015 VIP Guest**



The VIP guest for "HANDS ACROSS THE BLUE" at the SICYC "Vice Commodore" Rendezvous 2015 is Distinguished Professor Judith Clements AC. Judith was recognised in the 2015 Queens Birthday Honours list with the Companion of the Order of Australia. Judith is:

- Scientific Director, Australian Prostate Cancer Research Centre Queensland
- Chair of the Prostate Cancer Foundation Of Australia Queensland Board.
- Distinguished Professor and Head, Kallikrein Protease & Tumour Microenvironment Group, IHBI, QUT
- Adjunct Professor, School of Medicine, University of Queensland
- NHMRC Principal Research Fellow
- "Vice Commodore" Shag Islet Cruising Yacht Club (Naturally)

#### **Qualifications**

- PhD (Endocrinology) Monash University, Department of Medicine, 1989
- Master of Applied Science, Royal Melbourne Institute of Technology, Melbourne, 1983
- Bachelor of Applied Science (High Distinction), Royal Melbourne Institute of Technology, Melbourne, 1982
- Diploma of Laboratory Technology, Royal Melbourne Institute of Technology, Melbourne, 1969

#### **Biography**

Like me you most probably won't understand most of this!!!!

Judith has over 30 years of experience as a molecular and cell biologist in the endocrine field with expertise in neuroendocrine functional peptides and proteases – particularly

the kallikrein-like serine protease family - in hormone dependent cancers, with a major emphasis on prostate cancer. She has published over 190 articles in refereed international journals.

Her research covers the spectrum of biochemistry, cellular and molecular biology. She is internationally recognised as an expert in her field and has been awarded the Silver and Gold medals of the international Frey-Werle Foundation for her work. She leads the Queensland node of the international PRACTICAL consortium, and has led the Australian Prostate Cancer BioResource (tissue bank) for more than 10 years.

We very much appreciate Judith, giving her valuable time to Join us for the Rendezvous and in particular "HANDS ACROSS THE BLUE" on Saturday 29 August....

Judith will be accompanied by her husband Professor ??????????????



## Activities Leading up to the Rendezvous...

Every Sunday Sundowners at Sorrentos, wear your SICYC Polos ... Pick up your Rendezvous Tee Shirt, Participation Wrist Band, Raffle Tickets, replacement Burgee etc... 10% off Drinks and Food

18 July SICYC "POSH BBQ" Mackay Marina / Clarion Hotel Pool Bar

#### Friday 31 July (A Great Night)

Shag Islet Cruising Yacht Club welcome to Airlie Beach ... at Whitsundar Sailing Club (WSC)... Honouary Temporary Membership to SICYC members in attendance on the night ... Welcome by the Commodore WSC.. Auctions ... Raffle tickets available ... Rendezvous Participation Wrist Bands Available .. Band .. Meals (pay as you go) .. No Bookings required WSC is book for SICYC.. Just Roll up and be ready for a great night. Pick up nyour provisions at the Airlie Beach Markets on Saturday Morning .. Over 100 "Vice Commodores attended in 2014 ...

#### Sunday 9 August SICYC "Family and Friends BBQ"

BYO BBQ at Abell Point Marina Public Area ... Entertainment by "Jan" ... BBQ's provided by Abell Point Marina ... BYO drinks, Food and a folding chair might be good ... Dinghy Tie Up at the Public Jetty and Boat Ramp ... Wear your SICYC Polos .. SICYC Memberships available, Rendezvous Tee Shirts Available ... Caps, Stubbie Coolers, SICYC Stickers ....

**Sponsored by Abell Point Marina and Shingley Beach Resort .. Bring along your "Family and Friends"** 

The stayer move to Sorrentos for Dinner ...

#### Rendezvous ....Sixtys Theme Saturday 29 August

Get Your Gear Together .... Last minute costumes will be available from Diana "Vice Commodore" Waterloo Bay will have limited stocks of Sixtys gear available from unit 3 Montes Reef Resort from Wednesday 26 August. \$5 per costume item and \$2 for accessories .. Funds Raised go to the Prostate Cancer Foundation of Australia ..

Other options could be, your local OP Shop or your wardrobe ????

# Feeling Groovy





Flower Power



Peace



Free Love

#### **The Pirates Luncheon 30 August**



Get your pirate outfits ready for the Pirates lunch at the Pirate's lunch at Cape Gloucester Resort.. On Sunday 30 Aug ....



A Pirates Roast Lunch .. (pay as you go) !!!!





Captain Hook, Ship Wreck Sally, Jack Sparrow, Pirate Queen, Zombie Pirate, Pirates Wench, Captain Cuteness, or Cut Throat Pete.

#### PRIZES FOR THE BEST DRESSED PIRATE AND PIRATE QUEEN ....

The Farewell event of the SICYC by "Vice Commodore" Rendezvous 2015...

Great Entertainment by "LEFT of Centre" and "Jan", Great Raffle and Auction Prizes, Tiana's "Vice Commodore" Seagull Reef will shave her head for Prostate Cancer .....

# Who **WILL** walk the plank???

Put your Pirates Name Tag On .....

# What's Your Pirate Name?

#### 1. Use the first initial from your first name...

J= Fluffbucket A= Captain S= Mad K= Scallywag B= Dirty T= Red C= Squidlips L= Bucko U=Lady D= Bowman M= Dead man V= Bretheren E= Buccaneer N= Matey W= Rapscallion F= Two Toes O= Jolly X= Landlubber G= Sharkbait P=Stinky Y= Wench H= Old Q= Bloody Z= Freebooter I= Peg Leg R= Miss

#### 2. Use the first initial from your middle name...

A= Creeper J= Head S= Squiffy T= Gold B= Jim K= Cackle C= Storm L= Patch U= Yellow D= John M= Bones V= Felony N= Plank W= Eddie E= George O= Greedy F= 0' X= Bay G= Rat P= Sea Y= Thomas H= Jack Q= Mama Z=Spot I= Legs R= Spike

#### 3. Use the first initial from your last name...

A= From the West J= Kidd S= Chumbucket B= Byrd K= O'Malley T= Rivers U= Morgan C= Jackson L= Barnacle D= Sparrow M= Holystone V= Tuna Breath E= Of the Coast N=Hornswaggle W= Three Gates F= Jones O= McStinky X= Bailey G= Ned Head P= Swashbuckler Y= Of Atlantis H= Bart Q= Sea Wolf Z= Of Dark Water I= O'Fish

#### **Rendezvous Volunteers**

During the Rendezvous we are strongly in need of valued "VOLUNTEER" support. Once again The "Volunteer Shagger" cap will be issued free of charge. Volunteers will be required in the following areas

- 1. Raffle Tickets and Participation Wrist Band sales
- 2. Merchandise Sales
- 3. Administrative support
- 4. Auction / Raffle support Saturday evening
- 5. Official Photographers
- 6. Marshals (Fireworks and Hands Across the Blue)
- 7. Joining up new members (Lap top or I Pad required)

8.



Those interested in Volunteering, there will be volunteer briefings at Montes Reef Resort ... 2pm Wednesday 26 August and 10 am Thursday 27 August.

## The Volunteer group photo to be taken at 11 am 27 August at Montes Reef Resort

If you have a cap or Volunteer Vest from last year, bring it along.

Individuals with Medical or First Aid qualifications, please contact us on 0428716243..

It Can't Be About You ... Without You !!!!

#### **Rendezvous Participation Wristbands \$20**



Wristbands and Raffle Tickets will be available at Airlie Beach Sundowners (Sorrento's) every Sunday, at the SICYC "Vice Commodore" Welcome to the Whitsundays on Friday Night 31 July at The Whitsunday Sailing Club, at the SICYC Family and Friends BYO BBQ at Abell Point Marina Sunday 9 August, from Volunteers during the Rendezvous, and from the SICYC Memorabilia Stand at Montes Reef Resort during the Rendezvous .... Wear your wrist band to signify that you have paid ....

There are over 30 Fantastic Raffle Prizes to be won .. Draw will be at Montes Reef Resort Saturday 29 August at 6pm.

The social theme for the Shag Islet Party Friday 28 August is "FLY A KITE"



#### Be prepared to dress your boat for day and night.





Thanks to sponsorship by YELLOW CABS Redlands there are prizes for the best dressed boat by day and night ... so get your flags and lights ready. The Best Dressed Boat by Day and Night also attracts the Dieter "Vice Commodore" ??????? Memorial Trophy.

Bus Transport from Proserpine Airport to Montes, Cape Gloucester or Dingo Beach Hotel ....

Phone Charlie 0400 032 234 or Jen 0438 089 68

#### Hands across the Blue for Prostate Cancer





On Saturday 29 August we will link "hands across the blue" for prostate cancer in the shape of the prostate cancer logo....





Assemble in your dinghy's between 10am and 10.30 am... wear your SICYC Polos. You will be guided into position by Volunteers, once in position drop your anchor and hold or tie onto the joining dinghy. You will be entertained by Pop Standen from the Super Yacht "Norseman". From Thursday 27 August you will be able to register your name for the "HANDS ACROSS THE BLUE" free draw... the prize is a Full Size SICYC Flag Valued at \$360 ..

Our Guest of Honour for hands across the blue will be Distinguished Professor Judith Clements AC, the Mayor of the Whitsunday Regional Council Jennifer Whitney, the State Member for the Whitsundays Jason Costigan, The CEO of the Whitsunday Business and Development Corporation and representatives of our major Sponsors. This event will be covered by media by helicopter and water surface craft.

#### **VHF Radio Schedules**

A VHF radio schedule will be broadcast daily during the Rendezvous at 0800 hrs on Ch 72. The Schedule will commence on Tuesday 25 August and will update you on the events events and activities.

#### **Helicopter Flights at the Rendezvous**

Thanks to Heli Taxi's, a sponsor... Helicopter Flights will be available each day of the Rendezvous. The local area flights will be available for \$65 per person ... usually \$99 ...

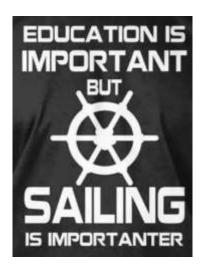






Heli Taxi donate \$5 back to Prostate Cancer Awareness and Research. A great opportunity to get a photo of your boat from the air, photograph the Fleet, the surrounding islands and marine life.

Just walk up at Montes Thursday, Friday, and Saturday and at Cape Gloucester Resort at the Pirates Lunch.



A Few note to assist with your planning for the Rendezvous ...

#### This information will be revisited on the daily VHF Ch 72 radio scheds ..





## SICYC Rendezvous – 2015 MONTES Reef Resort

#### **INFO**

OPEN FOR LUNCH EACH DAY 12pm-2pm: Reserve a table if you wish LUNCH SATURDAY 12:30pm – 1:30pm: NO RESERVED TABLES DINNER BOOKINGS ESSENTIAL IF DINING WITH MONDAY – FRIDAY Monday – Friday incl. Montes Main dinner menu DINNER Saturday: NO RESERVED TABLES (see following for Details) Complementary Bar Snacks from 4:30pm – Mon, Tues, Wed \$10 GROUP SNACK PLATES Thursday & Friday FROM 4pm

**Thursday Night:** 

Montes dinner Menu and SAIL IN Specials FROM 6pm

**Friday Night:** 

Montes Dinner Menu FROM 6pm

**SATURDAY NIGHT** 

#### REEF & BEEF BUFFET \$25.00/Person

Tickets are available for purchase between 8 am – 4pm from Thursday onwards.

Meal Times: 5:00 – 6pm Red Ticket

6:15 – 7pm Blue Ticket 7:15 – 8pm Yellow Ticket

MEAL TICKETS WILL NOT BE CREDITED NOR REFUNDABLE/REDEEMABLE FOR LOSE OF TICKETS or CHANGE OF MIND

# **RENDEZVOUS Safety**

Just a few Safety Reminders .....

- 1. DON'T DRINK AND DRIVE!!!
- 2. LOOK AFTER ONE AN OTHER !!!
- 3. Courtesy Boats will be available on Friday and Saturday .. details will be announced on VHF Ch 72!!!
  - 4. Wear wet shoes ... particularly on Shag Islet.

#### **IMPORTANT PLEASE NOTE:**

Montes Reef Resort and Cape Gloucester Resort are Both Licenced ..... They are **NOT BYO** 

#### A note from Rod "Vice Commodore" Rushcutters Bay

I have mounted an awareness of Prostate Cancer Campaign together with a Fund Raising Campaign for the Garvan Institute of Medical Research specifically for Prostate Cancer Research...

My yacht Great Xpectations is competing in the Cruising Yacht Club of Australia's Blue Water Series culminating in this year's Sydney to Hobart. This is an ideal platform for raising awareness and funds due to the high publicity this event receives.

I would be grateful if you could forward the attached website to the other Vice-Commodores and to the supporters of SIYC.. Just to let them know what we're up to.

Find details at: www.giving.garvan.org.au

Great work Rod .... Let us know how it goes !!!!!

# MV Tango .... the latest Super Yacht to join SICYC



Welcome Russell "Vice Commodore" Hospital Bay

## **Shaggers Hair Wrap**





Tiana Vice Commodore Seagull Reef ... With a Shaggers Hair Wrap

#### **Hair Cuts for Prostate Cancer**

Tiana will be cutting hair on the beach at Montes reef Resort ... save that hair cut for the Rendezvous.

Tiana is also shaving her head for Prostate Cancer at the Pirates Party, Sunday 30 August 2015. If you would like to donate to her fund raiser go to ....

http://take-on-a-challenge.everydayhero.com/au/tiana

# Jan "Vice Commodore" Island Head shares her decision making chart



#### A Fisherman's Story



Murray "Vice Commodores" Little Woody Island with an 8 Kg Mangrove Jack...
All I can say is" people shouldn't put fake photos, like that on Face Book"

"Rotten Bugga, next he will have

His own fishing show"...

#### From Jan "Vice Commodore" Island Head



She has a real problem

#### The Westies Christmas in July

#### Saturday 25 July 2015 at the Historic Yanchep Inn

#### Packages include:

Beautiful 3 Course Christmas dinner with Christmas Cocktail on Arrival for Dinner, Variety of Accommodation (see below), Full Buffet Breakfast Sunday Morning

And of course a Secret Santa with a real Santa.

#### Lakeview Motel Rooms

Overlooking Lock McNess, Corner Room with Bath with Spa Jets ..\$375 per couple

Room with Bath with Spa Jets ..\$355 per couple Standard Room ..\$335 per couple

Original Budget Motel Rooms, Overlooking Garden Area, \$270 per couple

Quaint, simple old style Inn Rooms with shared bathrooms

(Only 5 left now) ..\$235 per couple

For those who would like the dinner only ..\$55 per person

To Book: please call the Yanchep Inn direct on 9561 1001

and quote "Lorraine Ireland's group for 25 July"

then email Lorraine, Vice Commodore Ocean Reef Marina at

brentlor@bigpond.net.au and let her know

#### **Out and About**

Ingrid "Vice Commodore" Mistaken Island and hubby Geoff "Vice Commodore" Dingo Beach Albany WA recently endured a fantastic holiday.

Ingrid packed her shaggers gear and is photographed her in New York and Cork Ireland..



**Lucky Bugger** 

#### **One Stop Shop**



**Location, Location** 

#### **SICYC Dinner at Sandringham Yacht Club**

About 25 "Vice Commodores" gathered recently for lunch at Sandringham Yacht Club.. Many of this bunch will be sailing in Airlie Beach Race Week and will be taking a bus to Montes on the Race week Lay day.







The Sandringham "Shaggers" have agreed to host the Presentation of money raised, to the Prostate Cancer Foundation of Australia in 2015. The date set is Sunday 22 November 2015. Last year the presentation was made at Royal Sydney Yacht Squadron and 65 "Vice Commodores attended, some from South Australia, Victoria, Central Coast NSW, Brisbane, Sunshine Coast and Airlie Beach. Set this date aside .. 22 November 2015.

The function coordinator is Peter McAdam (Manfred) "Vice Commodore" St Kilda ..

Thanks Much Manfred...

#### Clive and Angie on a canal boat in France.....



Is anybody home ??????



While swanning around Europe, Clive and Angie found this Number Plate in Germany...

# **Brilliant Irish Text Message**

"Mary, I'm just having one more pint with the lads. If I'm not home in 20 minutes, read this message again."

#### **Cruising the canals in France**

Ivan and Jo "Vice Commodores" Betty's Beach and Pt Lonsdale recently cruised the canals in France in uniform and Flying the burgee ... (Naturally)



#### **Gamblers motivation**

This came up for Elizabeth "Vice Commodore" Howick and would you believe, a week later \$8,000 ... She has become such a good friend lately ... "FUNNY THING"



#### **Coffin Bay Rendezvous**



**Coffin Bay Rendezvous March 2015** 

Nine "Vice Commodores" from Melbourne and Adelaide together with friends from Ceduna made the trip to Coffin Bay to have possibly SICYC's first Coffin Bay rendezvous.

"Vice Commodores" Left to right; Glenys – Cerberus, Kev – Lake Cullulleraine, Ross - Mildura, Sue – Cullulleraine, Ken – Paddy's Reef, Bev – Patawalonga, Titch – Hallett Cove, Jane – Watamu and Phil – Phil's Corner.

Four yachts and two power boats spent the days cruising the waters of Coffin Bay before finding quiet anchorages for the customary sundowners and culinary delights. Whilst the days were somewhat rough and the fish less than co-operative a great week was enjoyed by all.



# Happy Birthday Roger "Vice Commodore" Canvey Island



This is Roger Angel's birthday bash at Upper Reach Winery last weekend. 10 Shaggers attended to celebrate.

Roger is VC of Canvey Island. You should Google Canvey Island some time, it's a fascinating read.

#### **Sundowners and Dinner**

If you are in the Brisbane area, drop into the Moreton Bay Trailer Boat Club on the last Friday of each Month .. The next one will be 31 July ..



Faces from near and far...



Another successful night at Moreton Bay Trailer Boat Club on Friday 26 June ....

20 Vice Commodores attended Sundowners and Dinner..
Winners of the Lucky Door Prize were Diana and Stu '' Vice Commodores
'' Waterloo Bay and Bishop Island ..

Thanks to the host Carolyn "Vice Commodores" Cassim Island..

#### Happy 21st



Nothing like a bunch of "Shaggers" to help you celebrate your 21st Birthday..

Looks like the start of a good day!!! Judi "Vice Commodore" Moon Point Banks..

#### **Volunteer Safety Officer**



This is Roslyn, VC Twilight Cove which is in the Great Australian Bight. She's had this fetish all her life to be an air hostess. We took a boat trip out to Whitehaven and they asked for volunteers to assist in the safety briefing. Ros couldn't get her hand up quick enough.

#### **A Big Thanks to Abell Point Marina**

Thanks to Paul "Vice Commodore" Surprise Rock owner of Abell Point Marina and Luke "Vice Commodore" Abell Point Marina for their continued support to SICYC and the Rendezvous....



**Paul and Luke** 

Don't forget, you are able to receive 20% off your berth fee at Abell Point Marina and receive 3 cents per Lt off your fuel ... available only to SICYC "Vice Commodores"

#### **State of Origin**

It's no wonder Queensland lost the Second game of the Series ...



Turned up in my 1970 body however, it didn't help !!!!

# **BIG BIG NEWS!!!!!**

**Gold Coast SICYC Functions...** 

**SUNDOWNERS Friday 7 August ...** 

On MV "Lady"

MV "Lady is a Function Boat with a great party deck ... operating at Marina Mirage ... arrive from 5pm

**Have a drink and watch the SUN SET !!!** 

... wear your SICYC Polos ...

**Discount Drinks and food available** 

(Pay as you Go)

**Come along "Meet New Friends"** 

# **GOLD COAST Friday 4 September 2015**

"Summer SICYC Get Together"

**Southport VMR** 

Easy access by boats on the water and by road another fantastic spot

More details to come ..

It's all happening on the Goldie!!!

#### **Meet the SICYC Inc Management Committee**



As part of the incorporation process, Shag Islet Cruising Yacht Club Inc now has a management Committee..

L to R Ken VC Raby Bay (Chair), David VC Deanmill Bay, Mark VC Gilligans Island, Sue VC Newport Waterways, Colin VC Pipon Island, Ian VC Surfers Paradise and Rhonda Caves Cove (Secretary / Treasurer)

A BIG THANKS to these members for their assistance during the process of Incorporation. SICYC Inc is now incorporated as a "Not for Profit" Association and now as an organisation as 24/7 Public Liability and Directors and Officers Insurance.

Otherwise nothing has changed...

# Well it's the 60's



# Cheers to all !!!! Be Safe and Take Care

Rhonda and Ken
"Vice Commodores" Caves Cove and Raby Bay